



INDIAN SCHOOL MUSCAT
SENIOR SECTION
DEPARTMENT OF COMMERCE AND HUMANITIES
CLASS XI
PSYCHOLOGY - 037
YEAR PLAN 2022-2023

SYLLABUS FOR THE YEAR – 2022-2023

Theory: 80 Marks

Project: 20 Marks

UNIT	TOPIC	MARKS
1	What is Psychology?	11
2	Methods of Enquiry in Psychology	13
4	Human Development	11
5	Sensory, Attentional and Perceptual Processes	8
6	Learning	9
7	Human Memory	8
8	Thinking	5
9	Motivation and Emotion	5
PART C: PROJECT WORK (as per CBSE guidelines)		30
TOTAL		100

Practical (Projects, experiments, small studies, etc.) 30 marks

The students shall be required to undertake **one project and conduct two experiments**. The project would involve the use of different methods of enquiry like observation, survey, interview, and questionnaire, small studies related to the topics covered in the course (e.g. Human development, Learning, Memory, Motivation, Perception, Attention and Thinking). Experiments could focus on cause-and-effect relationship.

MONTHLY BREAK UP OF SYLLABUS

CLASS - XI

Month	Unit/ Chapter	Sub- units
MAY, 2022	Ch. - 1	Chapter – I What is Psychology. Nature of Psychology, basic concepts, consciousness, behavior and experience, similarities and variations in psychological attributes, evolution of the discipline of psychology.
JUNE, 2022	Ch. - 1	Chapter – I what is Psychology Developments in psychology in India, psychology and other disciplines and linkages across psychological processes. Case study project work
AUGUST, 2022	Ch. 2	<p style="text-align: center;">PRACTICAL 1</p> Chapter – II Methods of Enquiry in Psychology Goals of Psychological enquiry, some important methods: observation, naturalistic, experimental, co relational study, interview, case study, psychological tools, tests questionnaires and gadgets, Analysis of Data: Concepts and computation of measures of central tendency, graphical presentation of data, bar diagram, histogram, and ethical issues in the study of psychological processes.
	Ch. 4	Chapter – IV Human Development. Various stages of development, Infancy – Child hood – Puberty – Adolescents – Adulthood – Old age. Cognitive development of Jean Piaget, Moral Development
SEPTEMBER, 2022	Ch. 5	Chapter – V Sensory Attentional and Perceptual processes Knowing the world, nature of stimuli, nature and functioning of sense modalities, sensory adaptation, attention, nature and determinants, selective and sustained attention, principles of perceptual organization, role of perceiver characteristics, pattern recognition, perceptual phenomena, after Images, space perception, perceptual constancy, illusion, person perception and socio cultural influences on perception.
		PRACTICAL -2 PERIODIC TEST – 1
OCTOBER, 2022	Ch. 6	Chapter- VI Learning: nature of learning, paradigms of learning, learning curve, classical conditioning, operant conditioning, observation learning, cognitive learning, verbal learning, concept learning, skill learning, factors, types and applications, Learning styles, learning disabilities. Some applications of learning principles
	Ch. 7	Chapter -VII Human Memory Nature of memory, information processing, levels of processing, memory systems, and knowledge representation.
NOVEMBER, 2022	Ch. 8	Chapter -VII Human Memory:

		Memory as constructive process, nature and causes of forgetting, enhancing memory, pathologies related to memory. Chapter – VIII Thinking : Nature of thinking, Building blocks of thought. Culture and Thinking, The process of thinking, problem solving, Reasoning, Decision-making
DECEMBER, 2022	Ch. 8	Chapter – VIII Thinking Nature and Process of Creative thinking, Developing Creative thinking, Thought and Language, Development of Language and Language use. Bilingualism and Multilingualism REVISION HALF YEARLY EXAMINATION
JANUARY, 2023	Ch. 9	Chapter – IX Motivation and Emotion : Human existence and nature of motivation, different types of needs, emerging concepts, nature and physiology of emotions, cultural bases of emotions, expression of emotions, managing negative emotions such as anger and fear PERIODIC TEST – 2
FEBRUARY, 2023		REVISION FINAL EXAMINATION
MARCH, 2023		NEW ACADEMIC YEAR – CLASS – XII

SUGGESTED QUESTION PAPER DESIGN
PSYCHOLOGY (Code no. 037)
QUESTION PAPER DESIGN
CLASS XI (2022-23)

S.No.	Competencies	Total Marks	% Weightage
1.	Remembering: Exhibit memory of previously learned material by recalling facts, listing elements, terms and basic concepts Understanding: Demonstrate understanding of facts and ideas by organizing, comparing, translating, interpreting, giving descriptions, and stating main ideas	25	35%
2.	Applying: Solve problems to new situations by applying acquired knowledge, facts, techniques and rules in different ways.	31	45%
3.	Analysing and Evaluating: Examine and break information into parts by identifying motives or causes. Make inferences and find evidence to support generalizations, integrated learning; Present and defend opinions by making judgments about information, validity of ideas, or quality of work based on a set of criteria. Creating: Compile information together in a different way by combining elements in a new pattern or proposing alternative solutions	14	20%
	TOTAL	70	100%